

Prepper

**Discover The Top 10 Things You
Must Implement To Prepare And
To Survive A Disaster Situation**

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Introduction

Hello and thank you for checking out this book!

In our times, preparing for things can be very important. It's not just the once in a blue moon disasters that might happen, it's natural phenomena that you should always be prepared for depending on where you live. For many of us, we all live in climates where there is some sort of weather that can adversely affect all of us, and it's something that we all should be keeping in mind and finding out more about.

One of the best ways to do so is prepping. Prepping is a way to prepare for natural events and disasters, and it definitely is something that could affect any of us. Everything could go bad in a blink of an eye, so preparing for the worst will help you get ready for anything terrible that could happen. One of the best ways to do so is preparing for it now before things happen.

Well, this book will allow you to prepare for any natural disasters that could plague your area. This book will give you the top ten tips in order to prepare for a natural disaster effectively and without wasting so much time. It's simple to do, and it's an effective way to make sure that you're ready for the worst that can happen. For many of us, we can't imagine the worst ever happening to us. It definitely is possible however, simply because anything can happen on this planet, so you should be wary over this.

I didn't think it was important at first either. I always thought that phenomena like that could never happen, or that it wasn't going to ever happen to me. But one time, I did prepare before a giant natural disaster, and I was definitely better off than the others. I was able to

help myself and my family, and I even got to help others as well. It definitely made my life better, and I was able to get back to battery after the natural disaster faster and more efficiently than anyone else. We should all be prepared for this, and that is why I'm writing this book, to help you help yourself now, and in the future. So come on, start preparing, and I hope you'll have fun with this. **Water is Important**

The first and probably most important thing you should be worrying about is water. Water is something that everyone needs to have, and when you're trying to survive a natural disaster, it's essential to have. Water will be how you get out of this mess, and it will be how you're able to live. You can go weeks without food, but you can't go more than a few days without water.

There are ways to do this, and that is by buying water in bulk and storing it in a space for when you need it. You should make sure to buy water with a long shelf life so you're not wasting time trying to buy more and more of it. You can also get it naturally, by buying gutter extensions for your downspout. This is a great way to naturally collect water and save you money. You can then put these barrels down by them to collect the water, and in many cases, you'll have enough water to last you months in many cases. It's a great tip for those who want to save money, and plus it's simple to do.

Water is important, and having it is essential to life. If you want to survive a disaster, then having some water is the way to go.

Dryer Lint

If you live in an area with a lot of bugs, or with bugs that could potentially get into your foods if there is a disaster, there is a way to stop this. A bug-out kit is a great way to get rid of bugs, and one of the things you can put in there is dryer lint. It sounds strange, but it works.

Dryer lint has a way to naturally get rid of bugs that could be looming over the area. If you're worried about that, then you should first get some lint from your dryer. Obviously, if you do a lot of laundry, you'll have a lot of this. You can put all of your dryer lint in a freezer bag. Just squeeze it down so you can increase the amount put in there and then roll it up and place it in there as a simple preventative bug measure when it comes. It's a natural and effectively way to use your dryer lint for the best, and to help prepare for disasters.

Getting Ready

If you live in a climate where there is a chance for a natural disaster, then preparing for it is definitely the first thing to do. To do this, you should get some totes. One should be placed in the home, and the same respective one in the car in case if you're stranded. You should then start to pack it u with survival supplies. These plastic containers work really well, and after that, you should then start to move onto the next person. These emergency boxes should be give the order of priority to people who ca drive in cars, and people who can help out others in these situations. Having a couple of emergency boxes is definitely a great way to get things ready, and these plastic totes can fit easily into a big trunk. Having this in your home or car is a way to help prevent you from the possibility of getting stranded anywhere, and for anyone who is at risk for that, this could be the one thing that determines whether or not you survive now, and in the future.

Minimum Items

When there is a disastrous situation, there is usually only the items that we have on hand. Sometimes though, it's best to have some stuff to have prepared in your home and car, and this is important for anyone. This section will highlight the minimum items to have on hand if you're stranded and only have the stuff in your purse or pockets.

You should carry a small pocket knife in case you either have to cut things, or in the worst case in terms of self-defense, a multi-tool for using, a cigarette lighter, a dozen tissues, a freezer bag about a quart size, some chapstick, a black market, a bottle of hand sanitizer, your wallet with cash and some cards, emergency cash for these reasons, and your keys. You should also put a small flashlight on your keys as well in order to see things in the dark when you need them. You can usually put these in your pants or short pockets without a problem, and these everyday items are perfect for any situation where you might have to fend for yourself if you're out during a natural disaster. We aren't always home, so being prepared is definitely essential to having a safer and better life, that's for sure.

DIY Water Distillery

Now let's say you live in an area where the water isn't safe to drink. Or maybe it tastes terrible, like well water. There is a way to help distil the water so that it tastes good, and this section will highlight how to distil water in just ten minutes, and you can do it yourself.

To do this, you need two clear one-liter bottles. You should poke holes in both caps, about a quarter of an inch. You should put some clear tubing through each cap and into the bottle, and these tubes should be big. You should have them be about five to seven feet long. Once done, put the caps on each of these bottles. Fill them up about three quarters of the way with water you want to distill, and then pull the tubing about half an inch from the top. You should then put it in the sunlight. Then, put the tubing in the other side of the bottle in the shade.

When the sun heats it, the water will then become a gas, expanding and then it will travel to the bottle in the shade. Then, it will cool down and turn itself back into the water, making it drinkable. You can also do this to get rid of salt in saltwater. You can make sure to prevent mix-ups by marking one side of the bottle as the un-distilled water, because that will help you prevent any mix-ups. You can save these for later as well, and the water can be put in storage.

A Great Fire Starter

Now let's say that you are potentially stuck without any heat or power, and you're in a place where it gets cold a lot. There is actually a way to help you prevent anything awry from happening in the case of not having any kindling. Sure, you can use a lot of things, but some of it doesn't burn well, and occasionally you could be stuck in a situation that requires you to have something else. The thing to do, is create these natural fire starters.

Now, all you need is some cotton balls, petroleum jelly, and a baggie or plastic container. If you have old pill bottles this works. Now, to do this, get the cotton balls and start to coat them with petroleum jelly. Then, you put them in the container that you have. Cap or close the container, and once that is done, store them in the bug-out bag. These can be great ways to start a fire if you're in a desperate situation, and it can be very useful.

Get Toilet Paper

For many of us, the idea of having toilet paper is definitely one of the most important things to have. It actually can be used for more than just bathroom activities, but it can double as napkins, kindling, and other such items. Plus, it's more hygienic to have these items anyways. You should always have some toilet paper when you're trying to prepare for a natural disaster, because this is one of those items that pretty much everyone needs.

You should make sure that you have at least four rolls in two-gallon freezer bags that you can place in your car. You should store double that in your home as well in case you're stranded at home. You should also place them under each sink in the house, two bags each. Toilet paper is essential to having a safe and better situation that isn't as disastrous. You should always keep a little bit of this in your home, and if you do this method, you won't be running out anytime soon. You should also adjust this based on the size of your household, adding more if needed.

Learn Your Items

All too often, we get people who have all of these cool things that you buy, but you have no idea how to use them. In prepping and survival situations, this definitely holds true as well. If you're preparing for a survival situation, knowing what your items do can be beneficial to you in the long run. For one, having an idea of what you're doing, and actually being able to use it can definitely help improve what's going on in your life, and you'll be able to be prepared for anything.

If you have items that you've bought but don't know how to use them, take about ten minutes each day to learn these. Let's say you have one of those solar ovens, which are great to have, but you don't know how to use it. To make sure that you're not caught with your pants down when a storm or other disaster comes your way, you should take a few minutes each day to learn about this. Knowing what each of these things do can help you improve the quality of your items, and when a storm or actual disaster really does come, you'll be more prepared than ever before, and you'll definitely be thanking yourself for knowing exactly what this actually does for you.

Keeping Pads

Now, for many of us, we would rather not talk a woman's hygienic issues that she has to go through, such as menstruation. But, pads that you get, especially the extra-absorbent ones, are definitely super useful when it comes to making sure that you can survive. This is one of those survival items that you should always have, because it can help you survive a natural disaster situation.

For one, a woman should have these when her time of the month comes. For many women, it's not only gross that she doesn't have any sanitary napkins, it can actually be bad for you. It's unhygienic, and it's not something you want to be dealing with, because of the germs and bacteria. For any woman, this is essential to have because of the fact that it will be able to help you with that.

But it also has other qualities as well. For one, they're great for cleaning up messes. Even if you don't partake in the fun of menstruation each month, you should definitely have these with you because of the benefits that they have. For one, they can help clean things up if needed, and if you need to absorb something, such as maybe some food waste or any toxic material, these are great.

They're also great for starting fresh as well. You might not believe it, but these can be used for kindling as well, and they're very helpful in a sense. Also, if you're transporting items that are fragile, having sanitary napkins can help with this because of the fact that you'll be able to have a bit more cushion than ever before.

These are helpful ways to have sanitary napkins when things get bad. They're simple, and effective, and they're great for you.

Waterproof Match Container

This is a quick prep that pretty much anyone can use, and it's one of the best survival tips as well. It's simple to do, and having waterproof matches is essential. When a disaster happens, your matches can get wet, and that can cause a problem for you. Having a waterproof match container does wonders for you, and it can definitely do a lot for you because in the event that a flood happens, these matches can be usable.

All that you need is some sandpaper, matches, a candle, and a mason jar. You should first get a piece of sandpaper and put it on the lid. However, before you close it you should take the jar and fill it with matches, that are stick ones, and a candle. Once that's done, place the lid on top and make sure that it's tightly on there. Then, you can store that in the place where you're keeping everything. That's all you need to do with this, and your matches will stay safe.

Now, if you have children or animals and want to make sure that the jar doesn't break, then you can use a plastic jar. They work just as well, and they're great for storing. You can also get decorative mason jars from a local store and put them around your home. It's a great way to beautify a home, and you can put other materials in there as well besides matches. These work for pretty much any item that needs waterproofing, and it can do wonders whenever you need something to be protected.

Conclusion

Thank you again for taking the time to check out this book!

For any disaster, you might feel like you're going to get caught with your pants down. However, if you prepare for this in an effective and smart manner, you can save your family and be ready for anything. This is something that can be used in just about any situation, because many people do end up in scenarios like this. Being at the mercy of nature isn't fun, but if you prepare for it well, there is a strong chance you'll be able to stay safe, and you'll also be able to rebuild from here.

I hope you learned a lot about various tips to help you protect your home and your family through the use of prepping. It can be fun, and all of these different means can be done in under ten minutes or so. You can use all of these each day, and from there you'll have a home that is ready for anything, and one that will surely do wonders for you now, and later on.

Your next step is to start engaging in preparing your home for any events. This isn't just your home now, but also your vehicles too. Everything should be stocked with emergency supplies, because this is what you have to do in order to keep everyone safe and sound. Safety is the number one thing everyone should be engaging in, and by keeping people safe, you'll run less of a risk of people getting injured or worse now, and later on. By keeping everyone safe and sound, you'll be able to feel better and live a better life.

If you still don't know where to start, you should first make up a plan of everything that you need. You can go to your local store and get most of these items for cheap, and then you can start stocking. It's better to do this now than later, because you don't know when disaster might strike, but this will get you prepared for anything.

BONUS BOOK: Survival

Discover The Top 9 Strategies You Must Apply To
Survive A Natural Disaster Or Survival Situation

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Introduction

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Other than the glass jar itself, the other essential parts of a Mason jar are the metal lid and the seal/ring which is commonly made of metal.

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A Preview Of: Mason Jars for Extreme Preppers Vol. 2

Jars are among the best inventions known to mankind. Found in all shapes and sizes, they are designed to contain anything and everything, as long as it fits their mouth and body. Since the start of human civilization, we stood witness to the constant evolution of the jar’s design. Because they

can be found in all kinds of forms, there is a general tendency for us to overlook the different nuances of each design. One of the particularly unique jar designs out there is the Mason jar. What is this jar and what makes it so special to begin with?

It is best for canning- The Mason jar is specifically designed for canning and preserving food. While this may seem too academic, that does count for something. While you can conceivably preserve food at any kind of jar or any container for that matter, nothing beats actually using a Mason jar for canning. For one, their caps create the most efficient seal possible, ensuring that your food is preserved properly. Second, the glass used for Mason jars is significantly thicker and tempered, making them less prone to breakage, a true risk when preparing food for preservation.

As a newbie to Mason jars, there is a good chance that you have no idea where to acquire these jars. You do not have to worry about it though, as there are many ways to acquire them. Developing your stock of Mason jars is very easy (and in some ways fun too) as long as you know where to get them. So where can you acquire your Mason jars? Making your search to any of these venues should yield something. What's more, it can be an adventure on its own. Your adventure in gathering your stock of Mason jars begins here.

Now that you have created your stock of Mason jars, the next thing you must learn is how to use them the right way. They are virtually useless if you do not know how to actually utilize them correctly. Because of this, you will need to learn how to use Mason Jars so you can enjoy the most benefit out of its unique properties. This chapter will show you the process on how you can preserve food the right way using Mason jars.

Introduction

In this day and age, dystopian fiction is all the rage. Many people are considering the catastrophic events that climate change and a shaky economy may cause, and wanting to ensure their safety and survival should a natural disaster occur. Fortunately, there are many ways that we can make sure that we make it through any disaster we may encounter, and if you are wise, you will read this book, whether you think you need it or not!

Why I Wrote This Book

I wrote this book because a natural disaster could strike anywhere at any time, and knowing how to survive should be a basic and fundamental thing. It can be difficult to forgive yourself if you find yourself having to make a spur of the moment choice that could save your life or that of the people you love, but if you are prepared for any survival situation that you may encounter, you will have given yourself and the people you love the gift of security in a difficult and unsafe time. This will help you to stay calm, keep from panicking, and show the deep leadership potential that you inherently possess.

What You Need To Know Before Reading This Book

Before you read this book, you should know that we may feel safe, but the reality is that we are never free of the possibility of a natural disaster occurring. It is better to be prepared before an event than suffer afterward and scramble to survive. When disaster strikes, people go into survival mode and anything goes. You will need to keep yourself safe and armed if the worst does occur, and learn how to only protect yourself and your family. Make sure to have surplus food and water put away just in case, and always have a plan of action for any event.

Chapter 1: Floods

Floods are much more dangerous than most of us give them credit for. They may seem harmless, but it only takes 4 inches of water to wash you, or even a vehicle, away. Most of the damage done by natural disasters are actually due to floods. Heavy rains are a major issue when it comes to global warming, so we should be as prepared as possible to deal with them.

First of all, never try to drive through flood water. It is a lot stronger and more powerful than you could imagine. If you are up on high ground in your vehicle while the lower areas are flooding, just stay there! If you're right in the midst of everything, never try to swim. The water is moving fast and you will get tired very quickly. To have the highest likelihood of survival, float on your back and use your arms to steer where your feet are going. This way you can navigate easily and safely.

If you're not caught in the middle of a flood, always make sure you're on higher ground. Pay attention to the directions you receive from the National Weather Service. Avoid the flood waters at all costs and keep an eye open for poisonous snakes that may have been washed up with the flood waters.

Chapter 2: Famine

If things get too out of control, it's not unheard of for famine to occur. We are lucky to live in North America where this is unlikely to be a problem, but in case it is, here are the basics to surviving a famine. Famine means food shortages, and they can happen during natural disasters or due to an electro-magnetic pulse or economic collapse.

Famine can be a dangerous time. People may end up forming gangs and going after those with more resources. A lot of people will be eating their pets. If you're worried about famine, it is always a good idea to have stores of non-perishable foods (beans and canned goods) and jugs of water. Make sure they are stored in a cool, dry place. Look into ways to make your chosen foods last the longest. Make sure to have foods with vitamins in them so you can prevent malnourishment if possible. People will be going crazy with hunger and you will need to stay put in a safe space with your resources. Keep cash on hand in case you can't access your bank and at least 6 months of food prepared.

Buying bulk foods like bags of rice is a very good idea. A little can go a long way, and save your dried foods to consume when there is no other option. If conditions are okay, you can attempt to grow your own foods. Look into indoor gardening if you don't have a yard. Can surplus foods and keep them for future use. You may find yourself needing to learn how to hunt and fish. Yes, even vegetarians may find themselves willing to eat meat, maybe even insects, during a famine. Arm yourself if you fear a famine may occur, and learn how to use it and protect yourself before you ever need to.

Chapter 3: Hurricanes and Tornadoes

Hurricanes and tornadoes can be devastating. They can cut off power and destroy everything we have. In order to have the highest chance of surviving a hurricane and tornado, follow these steps.

If you know one is coming, make sure you have everything you might need prepared ahead of time. The power may go out, so you should have candles, flashlights, extra batteries, lighters, first aid kits, and food and water all prepared. You should be as low in your house as possible and away from all windows. If you can, you should have your windows boarded up with the shutters closed, particularly if it's a hurricane. Reinforce your doors to keep them strong and prevent water from coming in.

If you know where the storm is coming from, make sure everything valuable on that side of the house has been removed. Have large blocks of ice ready to store your foods so they don't go bad. Hurricanes can cause flooding, which you learned how to survive in chapter 1. You should make sure your car is charged or gassed up to charge a generator if needed (or to try and escape somewhere else if possible, but never try to drive through a flood. Keep waterproof clothes and boots handy just in case.

Chapter 4: Tsunamis

Tsunamis aren't generally suffered in North America, but if you ever find yourself in one, it would be silly to avoid learning about them for that reason. They are very lethal and should be taken very seriously. They move fast and strike hard, causing landslides that can kill quickly. The waves are very long and quick and can reach 100 feet high. It's important to be prepared because even volcanoes and meteors can cause them anywhere in the ocean, which means the shores of North America are not entirely safe. Always have a plan for every situation.

If you are boating and have a small vessel, you should be able to abandon it and try and get to higher ground before the tsunami hits. Unfortunately for bigger boats, they are slower and harder to move quickly, and so they will have to decide whether to head for land or try to get out deeper into the water where they may be safe.

Areas that are geographically lower are more likely to suffer. Make sure you are in touch with the WC/ATWC, who can warn you in case of tsunamis. Having a radio on hand will ensure that you can take any necessary precautions for your safety. Make sure everyone you know is safe and prepared to deal with the incoming wave. Tsunamis often cause power outages, so have other ways to keep in touch with the important people in your life. Carefully follow any instructions authority figures tell you. Get to higher ground as soon as possible. If you are stuck on a beach, try and get to a high building.

Chapter 5: Dangerous Animals

Many disasters can wreak havoc on communities unequipped to deal with them. Zoos and other establishments may have animals escape into the community without anyone there to tame them and keep you safe. Animals are naturally aggressive to threats, especially if they sense you are as scared as they are.

The best thing you can do if this is the case is make sure you have a safe place where the animal is not tempted to enter. Treat your home as if you have cockroaches and seal up any and all food scraps you may have around the place. Get rid of your trash as far away from your house as possible. Do everything you can to avoid contact with the animals.

If you're particularly concerned, you could set traps around your yard to prevent them from coming near you. If you can track them, even better, as you will be able to trap and avoid them at your leisure. Stay in large groups if you attempt this and make sure you are well armed.

Chapter 6: Wildfire

Just about anything can start a wildfire, and so it is very important to know how to survive should you find yourself encountering one. Anything from a bolt of lightning to an automobile crash can send a wild fire blazing, so stay prepared, and especially if the area where you live is particularly dry.

As with anything, an ounce of prevention is worth more than a pound of cure. If you see anything burning, put it out as safely as possible. Pay attention to any watch in your area that keeps an eye out for wildfires, and listen carefully to their instructions. Many types of helicopters offer some relief from wildfires, dropping water on afflicted areas and trying to control the flames to keep them from spreading. One really effective way to fight fires is to create distance between the fire and the area that it is spreading to by digging a rift in between them.

If you find yourself or your home in danger from a wild fire or live in an area where it can easily become a problem, make sure that you keep yourself safe by using as many fire-resistant materials as possible, both in your clothing and in your home. For safety's sake, keep emergency masks to filter toxic air. You can dig a ditch around your home to prevent fires from leaping to your home, and avoid using dangerous sources of energy like propane, especially because it can easily combust and create a much bigger problem.

Most of the time, you will know if a fire is coming, so take a few steps to prevent more damage from happening than needs to. Make sure there is no gasoline being moved throughout the house. If you own things that could easily catch on fire, keep them in the middle of the house and away from windows where flames could reach in and set them on fire. Take your drapes and curtains down. Close your vents and halt all gas and propane. If you have a hose or sprinkler, keeping it on can prevent your home from combusting.

Chapter 7: Volcanoes

Volcanoes can be devastating – just look at the ruins of Pompeii. Not only is it hot, but it can be suffocating. Volcanoes emit gases, including some that can make it very difficult to breathe, debris, and lava. As the lava erupts, much of it hardens and becomes massive and heavy, causing further destruction. It can create a strange geothermal rift and pave the way for any number of avalanches and mudslides. Unexpected explosions of lava can rain down all over the place.

The best way to prepare for a volcano is to attempt to prevent and prepare far ahead of time. Don't ever do anything to disturb a volcano that has been thought of to be inactive, and give yourself a good workout in case you find yourself having to outrun some lava. That may be the only way to save yourself once the eruption occurs. If you are visiting a volcano, learn as much as you can about the area and have a plan if you discover one may become active. Never step on anything on the ground that may look suspicious or hardened like a rock, as they can sometimes be flows of lava that can burn you badly. Watch your step and wear protective gear.

Overall, it's best to make sure you listen to everything that you are told by authorities who know more about when and how a volcano may or may not erupt. Memorize more than one route to safety away from the volcano, and have a getaway car ready just in case. If you end up trapped at home due to volcanic activity, have emergency stores of water available and non-perishable foods. Fill any vessel you can with water and cover your face with a protective mask to keep yourself from inhaling toxic fumes.

Chapter 8: Earthquakes

Earthquakes can happen when we least expect them and can cause serious destruction in their wake. It is especially dangerous if you are on a bridge or on the road. A bad earthquake can cause roads and bridges to shatter and fail. Many people think that the safest place is in a doorway, but that advice came from a time when people lived in unenforced adobe homes. Now, it may be better to get down under something stable and hold on to something steady. Push your face into your arm so nothing gets in your eyes if things start falling.

Earthquakes can cause landslides because of the earth splitting open, so beware if you are out on the road, particularly in a hilly area where landslides are common. Mount things in your home that could potentially fall and become hazardous to you or your family should an earthquake jar them out of place unexpectedly. If you know an earthquake is coming or feel one already there, make sure you know what spots in your home to avoid and have a designated area to take cover under. If anyone is harmed, make sure you and your family knows proper first aid. Have a good plan ready.

It's a good idea to make sure you're not near anything that could harm you during an earthquake. Avoid the kitchen, as there is a lot of danger being around big, unstable things like refrigerators and windows and loose cutlery. Make sure you don't have any loose chemical substances lying around, and make sure to keep your home well maintained with active carbon monoxide detectors. Keep a good supply of water and non-perishable food items just in case you are unable to leave your home for any amount of time.

Chapter 9: Survival Basics

The best thing you can do for yourself and your family is to have a plan for your survival. If you know what kinds of disasters are most likely to happen in your area, make sure everybody knows exactly what needs to be done in the event that the disaster should occur. Everybody should be on the same page to ensure a higher likelihood of your plan succeeding with no casualties.

It's very important to know your home very well and make sure that you have everything you need to survive for up to six months just in case something should go wrong. If this is not possible, have at least a month's rations just in case. Non-perishable food items and drinking water is the most important. Foods with high water content can be particularly valuable should you run out of drinking water.

If you discover something is going on unexpectedly, it is important to glean as much information as possible and move from there. Don't panic, and make sure you and your family stick together. If needed, you can distribute certain responsibilities among family members. One person can retrieve the emergency flashlights and batteries, water, and so on. It's very useful to have something you can cook with. Some kind of camping stove works perfectly. If something is going on outside, make sure you shut down whatever utilities are active in the house. They can prove more hazardous during a disaster than useful. Having the proper tools to do this is essential.

Make sure you have access to proper camping equipment. If it becomes uninhabitable in your home, at least you and your family will have a roof over your heads and something in your stomachs. Try to go for ones of the highest quality. Arm yourself for protection, and just in case you need to hunt for food. Make sure you are properly clothed for the elements and have as much fire resistant and waterproof clothing as possible.

Conclusion

Overall, it's very important to be prepared for any disaster situation that you may find yourself in. It can be hard to imagine ourselves having to survive in any extreme natural disaster, but the hard truth is that everybody has the same likelihood of dealing with something like this.

Making sure you know exactly what you're up against and how to deal with it is one of the most important decisions you may ever make. Get prepared today so that you can face any disaster situation you could find yourself in with confidence, and maybe save your life and the lives of the people you care about the most. You'll be very glad that you did. Get prepared and stay safe!

BONUS BOOK:

Mason Jars for Preppers

**A Beginner's Guide to Using
Mason Jars for Quick and Easy
Survival Situations**

Introduction

This book contains proven steps and strategies on how to use mason jars for survival and practical purposes – the *easy* and *fun* way!

Included in this book is a comprehensive guide about basic home canning, a few home canning recipes, and other easy uses for Mason jars that preppers will surely enjoy.

Sometimes the simplest of devices can do miracles in the hands of the right person. Who would have thought that a simple jar can fulfill an incredible amount of useful purposes?

Again, thank you for downloading this book and I hope you enjoy it!

Chapter 1 – The Prepper’s Mindset

The prepping lifestyle has been receiving a lot of attention in modern society. With today’s technology, it is easy to be aware of all the uncertainties in the world. The presence of natural calamities, power outages, and even manmade disasters such as wars pose a constant threat for anyone, no matter where you live.

In a period of socioeconomic instability, you can never really be overly prepared for the security of your family. Besides, it is actually *fun* stockpiling essential resources. It can grant anyone a sense of inner security, peace of mind, and self-satisfaction.

What are Preppers?

Upon hearing the word prepper or prepping, a lot of people automatically associate extreme survivalists who spend hundreds of thousands of dollars to transform their basements into self-sustaining shelters. They think of preppers as survivalists who build underground bunkers waiting for war or a disease to break out.

What Preppers Actually Do

Despite what a lot of misinformed people think, a lot of what preppers actually do is centered on providing for others. Most preppers are actually motivated by keeping the welfare of the family secured. While a lot of people view the preparations made by preppers as awareness for extreme “doomsday” events, preppers are actually just focusing on practical problems such as the events described above and other issues such as unemployment or shortages.

First of all, preppers should consider the fact that electricity may be unavailable during emergency situations. This means they do not utilize a freezer or a refrigerator in storing their food. Instead, a lot of preppers stockpile canned goods for maximum longevity. However, there are nutritional disadvantages of consuming canned foods for

the long-term, which is why preppers are also more than willing to hone their own food-preserving skills and perform basic preservations using airtight containers. Here is a short list of what preppers normally use for stockpiling food:

.Chapter 2 – Introduction to Mason Jars

Other than the glass jar itself, the other essential parts of a Mason jar are the metal lid and the seal/ring which is commonly made of metal.

The most important process that takes place in home canning is *heating*. Heating works by killing bacteria, molds, yeasts, and enzymes that may be contaminating the jar's contents. Heating also secures the jar's lid with the pressure inside the jar, which is far weaker compared to the pressure outside. This pressure suctions the metal lid in place, which prevents any foreign contaminant from getting inside.

Home canning is one of the skills a prepper needs to learn. So far, the process of home canning using glass jars is the most secure, convenient, and feasible way of storing food that would otherwise spoil in such a short period of time. Since preppers focus on sustainability, they take advantage of the Mason jar's reusability to make sure the food being consumed from the stockpile can easily be replaced.

. Other than canning, there are other ways to utilize Mason jars for any prepper to enjoy. These will be included in the later chapters of this book. But as a prepper, you will need to focus first on how you're going to stockpile one of the most important resources necessary for survival – food.

Chapter 3 – Introduction to Home Canning

Just like any prepper would think, the safety of your family should be your top priority. Making sure that you properly preserve your foods will not only guarantee the safety of your family's health, but will also preserve the quality of the taste.

As a start, keep in mind that you cannot achieve superior home canning results without the right canning equipment. Although there are high-end appliances that automate most of the canning process, you can still perform home canning properly using only household items that you probably already have.

Basic Utensils for Mason jar Canning

Here is a list of the home canning equipment you will need to get started. Also included are possible alternatives for some equipment if you are not willing to spend money for home canning equipment just yet. These alternatives are recommended for beginners who want to try their hands at home canning using Mason jars.

Fortunately, you don't need to spend a fortune to invest on your home canning kitchen set. These home canning utensils are very affordable and last virtually a lifetime if well taken care of. Additionally, they often come bundled together when newly purchased. They also require very little maintenance just as long as you store them properly.

Additional Utensils and Items

Other than the basic home canning utensils mentioned above, you may also find the following household items useful. Note that these are common household utensils and there's a good chance that you already possess them.

Lemon Juice – In order to remain preserved, food items need to have a specific level of acidity. This is why adding *lemon juice* is very

common in home canning recipes. However, it may be a better choice to use bottled lemon juice since you can't be sure of the acidity of squeezing fresh lemons.

Chapter 4 – Home Canning for Preppers

This chapter is all about:

*****Quick and easy home canning guidelines for preserving food***

Preppers understand that just being able to put food in your stomach is not enough. They also focus on the nutritional value of their food stockpile, which can be difficult to find by simply buying canned food from the supermarket. On top of that, they can't rely on frozen food since their preparedness considers the possibility of power unavailability.

Preppers even consider the possibility of needing to move from place to place in the event of disasters. This is yet another reason why home canning jars is so popular for preppers; since foods preserved in Mason jars can also be carried around easily.

By preserving the nutritional value of some foods and prolonging their shelf life, home canning is simply the best choice for stockpiling food for Preppers.

Chapter 5 – Prepper Survival Kit

This chapter is all about:

***Practical survival uses for Mason jars*

***Why mason jars are the always the best choice for preppers*

Using Mason jars to can and stockpile food is not the only thing a prepper should learn. With a little creativity, you can do just about anything with mason jars. They come in all shapes, sizes, and can even be stylized when necessary. In the right hands, they can be customized enough to do just anything a prepper may require.

Keep in mind that preppers should also have something for injuries, power outages, and other emergency situations. Mason jars are also reliable and durable enough for outdoor use. Remember that, as stated earlier, preppers also consider having to stay outside for certain circumstances.

Creating your Survival Kit

Mason jars have many uses for a prepper's survival kit. These functions range from emergency storage to light sources. Here is a list of easy Mason jar ideas you can use to create your own survival kit as well as how to make them work.

Dry Food Storage – Starting with the easiest and simplest way to utilize Mason jars; dry food such as rice, beans, berries, pasta, and nuts can be safely secured using metal screw bands. Mason jars also protect their contents from water and dust. Other than the lid and metal screw band, there is not special requirement for this.

Additional Survival Tips for Preppers

Mason jars can also be used to grow culinary and medicinal herbs such as thyme, rosemary, basil, chives, and bay leaf. Just remember that once you decide to use a Mason jar for herbs, you cannot use the same jar for other purposes since you have to permanently drill small holes at the bottom of your jar to provide adequate drainage.

Do not scrimp on the amount of jars to fill with preserved food. A lot of preppers easily invest in hundreds of jars to fill with survival supplies and food. However, you shouldn't go overboard, either. For this, you will need to come up with a careful estimate of how much food your family will need for at least *a year*. Fortunately, a lot of properly home canned recipes can easily last for longer. Still, you should be aware that some home canned recipes can go bad in a matter of months. This means you should also have a plan in consuming these recipes and restocking them.

Chapter 6 – Take Care of Your Jars

Mason jars are known to be durable and can last for a long time. However, an owner's level of care is still factored in. They are, after all, still jars and will break if not handled or stored properly. For a prepper, it's a big blow to lose one jar due to mishandling, no matter how many you have in stock.

As a novice prepper, you probably already have a place in mind to store your mason jars. A lot of preppers automatically designate this place to be their basement – and there is a good reason for this assumption.

Selecting your Storage Area / Safe Room

When stockpiling food and other essential resources, you want your reserve to be kept out of plain sight. It should be a place with access limited only to you and your family. It should also be a room with plenty of space for storing a reasonable supply of preserved food and water – all the more reason to pick your basement as your designated storage area.

You have to be careful even when storing your jars in your basement. Again, think like a prepper and consider the possibility of an earthquake. Ideally, you do not want to store your mason jars and stack them up vertically (using very tall shelves). Doing so will make them more susceptible to falling and breaking even when there is no earthquake.

This is why serious preppers tend to have a *safe room* – one that is in the 1st level, has plenty of room, and is accessible only to select individuals.

Storing your Food

Once you have designated a safe room, you need to create a layout so you can fit your entire stockpile in the room. Additionally, take note of the following guidelines to keep your stockpile safe and secure:

- .

Keep the top shelf empty. This makes it slightly easier for you to retrieve your food. Additionally, leaving the top shelf empty offers a protection for your food in case of structural damage due to earthquakes.

Conclusion

Thank you again for downloading this book!

I hope this book was able to help you create your survival kit and begin home canning foods using Mason jars!

The next step is to begin collecting Mason jars and apply everything you've learned about them.

Thank you, good luck, and enjoy your prepping life!

A Preview Of: Mason Jars for Extreme Preppers Vol. 2

Jars are among the best inventions known to mankind. Found in all shapes and sizes, they are designed to contain anything and everything, as long as it fits their mouth and body. Since the start of human civilization, we stood witness to the constant evolution of the jar's design. Because they can be found in all kinds of forms, there is a general tendency for us to overlook the different nuances of each design. One of the particularly unique jar designs out there is the Mason jar. What is this jar and what makes it so special to begin with?

A Mason jar is a kind of jar that utilizes a special cap design that allows it to preserve food for long periods of time. It features a specially molded mouth that allows it to accept a specially designed covering. The screw threads at the jar's mouth is designed to accept a metal ring, commonly called a band. When this band is screwed down, it presses the lid (a separate structure from the band) against the jar's rim tightly. It creates a hermetic "airtight" seal, which is basically the secret behind this jar's effectiveness in preserving food.

Other variations of the Mason jar were introduced over the years, aiming to maximize the intriguing advantages it offers

Due to the emergence of canning and other preservation/storage techniques, the use of Mason jars was significantly reduced. In fact, it was almost rendered obsolete by these more modern methods. However, due to many reasons, the Mason jar simply refused to go away. A lot of homemakers found immense use for these jars, immediately making use of them as a means for preserving food at home. Some of them even make use of these jars to pack food products to be sold for business. Why it stayed relevant is actually simple: it is an inexpensive way to preserve food, it is very simple to use, and it simply works for the function it is intended for.

It will not take long until survivalists found that they can actually make use of Mason jars for improving their odds of living in even the most extreme of environments. Food is always considered as a necessity in any survival setting. Procuring them in any way possible is essential, and keeping them in as fresh a state as possible is equally essential. Using Mason jars for preserving prepper-friendly

foods is great because it keeps foods very close to their fresh state. In addition, users can minimize their reliance to harmful and unhealthy preservatives such as salt and sugar. Last but not least, you can conceivably use Mason jars even during an emergency situation.

Due to all these values, Mason jars have become a valuable weapon in any prepper's arsenal. The next chapters will serve as your guide as you learn the nuances of utilizing these jars for increasing your survival odds. The previous chapter dealt with the basic nuances of using Mason jars as a means for preserving food. However, what exactly are the advantages a prepper gets from using Mason jars as their go-to preservation technique? The list of advantages you can get is actually very long.

It is best for canning- The Mason jar is specifically designed for canning and preserving food. While this may seem too academic, that does count for something. While you can conceivably preserve food at any kind of jar or any container for that matter, nothing beats actually using a Mason jar for canning. For one, their caps create the most efficient seal possible, ensuring that your food is preserved properly. Second, the glass used for Mason jars is significantly thicker and tempered, making them less prone to breakage, a true risk when preparing food for preservation.

It is reusable - This is one of the major advantages of using Mason jars compared to other canning techniques. While cans using metals such as tin are very effective in sealing food, they can only be used once, making them very inefficient for preserving food. However, as long as the seals remain intact, Mason jars are very much usable. All you have to do is to wash the jar, add new stuff in there, and reseal. Mason jars always function as if they are new. Self-sealing lids significantly increase the reusability value of these jars.

Accessible- Mason jars, while not giving much hint to what's to come at the later chapters, can easily be acquired. Other than having an affordable price tag, it is actually easy to look for these jars. Most of the biggest grocery stores sell these jars at a low price, and you can simply acquire them there. If you are the more adventurous type, you can seek out antique shops and salvage stores for your stocks. There are other ways to get your Mason jars, but rest assured that the process is much easier than you initially think.

Those are just some of the things you can expect from using Mason jars. You do not need to be a genius or a prepping expert to realize that each of these advantages can prove very handy when you are about to embark in a survival situation. As long as you make use of them the right way, Mason jars are your friend for all kinds of emergency situations.

As a newbie to Mason jars, there is a good chance that you have no idea where to acquire these jars. You do not have to worry about it though, as there are many ways to acquire them. Developing your stock of Mason jars is very easy (and in some ways fun too) as long as you know where to get them. So where can you acquire your Mason jars? Making your search to any of these venues should yield something. What's more, it can be an adventure on its own. Your adventure in gathering your stock of Mason jars begins here.

Groceries - While some may say that the Mason jar is already obsolete, you cannot tell it from the high level of demand for these containers. In fact, newly made Mason jars are still selling well at groceries and department stores. You can find them in all shapes and sizes, and some of them are priced at very friendly rates. While some people might be hesitant at first on spending their money on these jars, it shall turn out as a worthy investment in the long run.

Mason jars are not all that much of a rarity. This means that loading up your stock should not be as tricky as you think it is. Use the options mentioned here and you will have your Mason jar stock loaded for prepping operations in no time.

Now that you have created your stock of Mason jars, the next thing you must learn is how to use them the right way. They are virtually useless if you do not know how to actually utilize them correctly. Because of this, you will need to learn how to use Mason Jars so you can enjoy the most benefit out of its unique properties. This chapter will show you the process on how you can preserve food the right way using Mason jars.